

The Mental Health Association of Cleveland County (MHACC) is excited to partner with Cleveland Community College (CCC) for *Art of Mind*, an art exhibit that explores mental health in an effort to bring awareness to the diverse ways mental health and artistic expression are connected.

We all have mental health and this exhibit is open to anyone who wants to use art as a medium to explore their own experiences. This includes a wide spectrum of individuals, including those living with a severe and persistent mental health concern, as well as those using artistic expression as a form of self care. All artistic expressions that represent ways people have explored or enhanced their own mental health are welcome.

We do not expect artists to disclose details about their experiences that they do not feel comfortable sharing. This exhibit only seeks to explore the diverse ways that art and mental health are connected in order to raise awareness in our community.

Point of contact: Lizz Grimsley, Community Outreach Coordinator,  
[egrimsley@clevelandcountymha.org](mailto:egrimsley@clevelandcountymha.org), 704-286-6018 (call or text)

## **Eligibility**

Artwork must be original to the submitting artist and not from a copyrighted source. Media of all types are welcome. Artwork requiring special installation or that is not properly prepared may be denied. We ask that artwork is ready for hanging (wired hanging is preferred) on CCC's hook and rail system. Sculptures and 3D art will be accepted, however the space for works of this type may be limited.

Artists should include their full name, contact information (email **and** phone number), and whether or not the art is for sale along with their submission. Artists' descriptions of artwork are encouraged and will be displayed alongside the piece. Both handwritten and typed artists' descriptions will be accepted.

Selling artwork will be at the discretion of the artist and requires no fee. However, artists selling their work must be willing to include contact information and handle the sale of their own artwork. Artists can request that their contact information not be shared alongside their art. However, CCC and MHACC do not have the capacity to handle transactions. If your artwork is for sale, CCC will facilitate communication between the artist and buyer.

Individuals of all ages are welcome to submit artwork.

## **Schedule**

Artists can deliver their artwork February 5 - March 7 on:

- Mondays 10:00 am - 12:00 pm
- Thursdays 10:00 am - 12:00 pm

- And by appointment - **please note:** Appointment times CAN BE set after March 7, please contact our event coordinator or submit the form below as soon as possible to schedule an appointment.

Drop off location is MHACC's office, located at 205 S Washington St. (Upstairs), Shelby, NC 28150. **This building does not have an elevator.** If this location is not accessible, we are happy to find an alternative location.

The exhibit will run from April - September at CCC's Pennington-McIntyre art gallery. Public reception will occur during Mental Health Awareness Month on a date to be announced.

Art pick up will be in September, with the location and date to be announced. Artists who do not want to keep their work up for the duration of the exhibit (April - September), are allowed to pick up their art before the exhibit ends.

### **Liability Statement**

MHACC accepts no responsibility for any loss or damage of artwork. MHACC reserves the right to photograph, video, and share any entry for the purposes of marketing and publicity. MHACC reserves the right to decline work that does not meet the specifications listed above. Any works left behind after December 2024 will be forfeited to MHACC.